

## CORPORATE TEAM BUILDING

EASI Sailing do Corporate team building days where clients can spend the day learning about sailing and sailing boats. They can learn sailing knots, sailing terminology, sailing boat parts, sea safety, sea terminology and spend time sailing in the Kilindini harbor. The day will include Morning tea, Lunch afternoon tea.

The day starts at 9:00am when clients are met and spend an hour in a class- room style tuition on sailing boats . They will learn the parts of the boat, the principles of sailing, sea safety and have time to ask questions. At 10:30am they will break for a short tea interlude before returning to the class to talk about understanding the sea and the tides.

This will be followed by lunch and in the afternoon clients will be taught how to rig and launch sailing boats, they will then be taken out in boats and given a taste of sailing. Depending on their abilities they may be given the opportunity to steer the boat.

At the end of the day clients will be taught to retrieve boats from the sea and how to de-rig boats.

Rates vary depending on the season and the numbers are currently restricted to 12 persons on a Corporate Team Building Day.

Hi season rates are Kes 18,000,00 per person per day  
Lo season rates are Kes 15,000,00 per person per person per day

## WHAT YOU WILL NEED

- . T-Shirt and shorts for sailing
- . Swimsuit
- . Sun hat
- . Sun Cream (factor 50)
- . Disposable shoes

If you bring cameras, telephones etc you will need to have a fully waterproof stor- age bag for them that fits in your pocket.

If you require or are taking medication for any condition you **MUST** make this known to EASI before you begin the trip. •

Money: Please bring emergency funds for yourself or around **KSH 3,000**

If you have family/friends who would like to come to the club for the day and not sail then Day Membership charge is only **KSH 500** per person.



**MOMBASA YACHT CLUB**

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